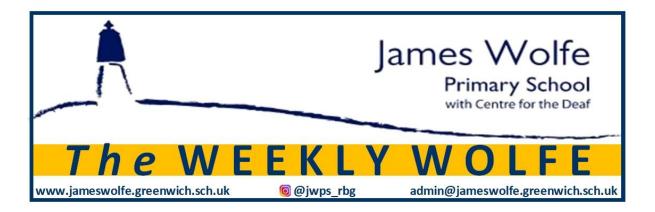
Thursday 17th November 2022



Dear Parents,



Building on from Anti-Bullying Week, this week we have recognised World Kindness Day, the theme of which was '*Kindness makes you live longer*'. This theme was explored with all children during our Head's Assembly, including the science behind the release of positive hormones and the 'feel good factor' when being kind to someone else. We looked at acts of kindness, which we already see within our school, and made pledges to go one step further this week.

We have been thrilled with the commitment from our children to share their thoughts on this topic and tell us all about the acts of kindness they received just this week.

In addition, we have a competition running at Royal Hill to answer the question 'What does kindness means to you?'. The winner will be announced on Monday 21st November. Photos will be added to our Instagram account -- please check them out at <u>https://www.instagram.com/jwps_rbg/?hl=en-gb</u>.

This week also marks the first of our festive events, celebrating the start of Christmas this year, in the form of the Greenwich Lantern Parade. All our teachers joined our Year 5 children and parents on Thursday evening to parade around Greenwich bearing the lanterns the children made.

This brings us to the start of the festive period in the Christian calendar, which seeks to think about kindness in its widest sense. A time to be kind with our thoughts, words, deeds and indeed, time.

Kind regards, Mrs Raithby

Friends of James Wolfe School

Hi everyone,



It's fast approaching! Our fabulous Christmas Fair is almost here! Please join us on Friday 2nd December from 3:30pm to 5:30pm in the playground at Randall Place. We will have lots of craft, food & drink and even a surprise visit from the main man himself (Santa, of course)!

Thank you to all the volunteers that have come forward to assist us with the fair -- we still need more help though! If you are able to give a little bit of your time to set up, tidy up or help on a stall, then please get in touch using the address below.

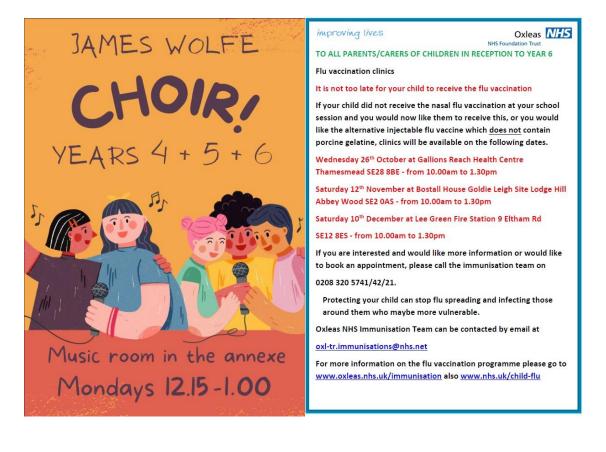
Please follow/like us on Twitter/Facebook to find out more about what we do, as well as about upcoming social/fundraising events. All are welcome!

Email: friendsofJWS@gmail.com Facebook: https://en-gb.facebook.com/FJWSGreenwich Twitter: https://twitter.com/fjwsgreenwich

IMPORTANT DATES

Autumn Term 2022

Thursday 17th November -- Year 4 Sun & Pluto Trips to Maritime Museum Friday 18th November -- Year 4 Mercury Trip to Maritime Museum Monday 21st Nov. to Friday 2nd Dec. -- Year 4 Pluto Daily Intensive Swimming Monday 21st Nov. to Friday 2nd Dec. -- Year 4 Venus Daily Intensive Swimming Tuesday 22nd November -- Boys' Football Friendly Match vs Morden Mount (RP) Monday 28th Nov. -- Year 2 Beech & Elm Christmas Journey Trips to St Alfege Monday 28th November to Thursday 1st December -- After-School Activities End Tuesday 29th Nov. -- Year 2 Rowan & Maple Christmas Journey Trips to St Alfege Tuesday 29th November -- Bow Arts Celebration Event (7x Y2 & 6x Y6 Children) Thursday 1st December -- EFL Kids Cup (CAFC Training Ground) Thursday 1st December -- Centre London Performance Studio Trip Friday 2nd December -- FJWS Christmas Fair Monday 5th Dec. to Friday 16th Dec. -- Year 4 Sun Daily Intensive Swimming Monday 5th Dec. to Friday 16th Dec. -- Year 4 Mercury Daily Intensive Swimming Friday 9th December -- Randall Place Advent Window Opening (3:30pm) Wednesday 14th December -- Randall Place Christmas Dinner Friday 16th December -- Royal Hill Advent Window Opening (3:15pm)



BARVEMBER

What is Barvember? What's the point?

Barvember is organised by White Rose Maths to encourage everyone to use the bar model. We believe that the Bar Model is a useful tool for helping children visualise and then solve maths problems. Even some of the most complex problems can be seen much easier when represented visually.

Barvember provides an opportunity for everyone to just do some maths.

We know that the bar model is not the ONLY way of visualising a problem and we also know that these problems can be solved in the other ways.

Why should we take part?

We hope for the fun of doing maths. Lots of rewards available too; BARS of Fairtrade chocolate and places on our courses to name a few.

How do I share my solution?

- Tweet it to us @WhiteRoseMaths and use #barvember
- Send it to support@whiterosemaths.com





UNIFORM

We remind parents that our school uniform is grey shorts, trousers or skirts with a white polo shirt and blue sweatshirt. Sweatshirts and polo shirts can be plain or have the school logo on them. Footwear should be either plain black shoes or plain black trainers. Clothing with the school logo on can be purchased at our online school shop, link to which can be found at http://www.jameswolfe.greenwich.sch.uk/school-uniform/.

Angelina Jandolo

DANCE CLASSES

Angélina Jandolo and her team of young, friendly teachers run dance classes on Tuesdays and Saturdays here at James Wolfe, helping adults and children alike to discover the power and poise of dance. The staff of AJD have all performed at a professional level and teach classes both to those students wishing to progress through the IDTA ballet exam syllabus and to those simply dancing for pleasure. They also give numerous tap, contemporary jazz and street dance classes, all taught to exam-board standards, in an environment where students always feel comfortable to express themselves freely in class without fear of judgment.

For more information or to book a taster please visit <u>http://www.angelinajandolodance.com</u>.



GDPR SIGN-UP

The school office regularly hears from parents/carers who are not subscribed to the Weekly Wolfe mailing list and so are not up-to-date with school information. Due to GDPR regulations, any parent/carer who has not given specific permission for us to use their email address to circulate school notices (including the Weekly Wolfe) will not receive them. If you are reading this on our website or are aware of anyone who is missing out, please use/forward them our sign-up form at http://eepurl.com/duVNNr.



EXERCISE CLASSES

Have you tried ((BOUNCE))[™] yet? It's more than just an exercise class, it's a community! Whether it's motivating and supporting each other in class, or just looking around and sharing a smile, ((BOUNCE))[™] brings people together. Bouncefitbody are running classes at James Wolfe (6:30pm on Monday & Wednesday evenings), with the main aim of making fitness fun and more accessible for everyone! Plus, there's a discount for James Wolfe staff and parents.

((BOUNCE))[™] is a trampoline-based, hour-long exercise class of choreographed dance routines to burn calories fast, that finishes with fifteen minutes of toning. Routines are performed to banging tunes in a welcoming and motivating environment; they encourage a social space where you can make friends, alongside their inclusive FUN! FRIENDLY! FIERCE! nightclub vibe. Sessions are programmed to achieve rapid weight loss by burning up to seven hundred calories per class (that's the equivalent of a bottle of prosecco!), whilst having fun... that's what trampolines were made for!. There are beginners in every class, so don't worry about feeling self-conscious, you'll see everyone bouncing at their own pace. It usually takes two or three sessions to get used to all the bouncing and recognise the moves, so stick with it... but be warned, it's addictive!

Improves Fitness
Improves co-ordination and balance
Improves social and mental wellbeing
Helps aid weight loss

Book your space today (] (] <u>https://bookwhen.com/bouncegreenwich</u>. You can find them on Facebook (<u>@Bounce Greenwich</u>), Instagram (<u>@Bounce Greenwich</u>) and their website (<u>https://bouncefitbody.com/pages/classes</u>). STAFF PROMO CODE: STAFF15 / PARENT PROMO CODE: JWPARENTS









Instagram

<u>Email</u>

<u>Website</u>

SoundCloud